



Regd. Office: 196, Classic Orchards,  
Bannerghatta Road, Bangalore 560 076.  
Phone: +91 810 567 5725  
Email: swarupa@mahatitrust.org  
www.mahatitrust.org

## **Trust Introduction:**

MAHATI Trust is an NGO registered as a charitable Trust under the Trust Act of the Karnataka State on 17th October 2011 before the Senior Registrar, JP Nagar Bangalore vide document No.JPN-4-000234-2011-12 CO NO.JPND 132 Book No.4 Also, the Trust is recognized as wholly Charitable Trust U/S 12A and U/S 80 G of IT Act 1961 vide certificates enclosed to address the prevalence of Cervical Cancer in urban and Rural Karnataka.

A group of doctors and corporate personnel constitute the Mahati Trust and are working together towards a cervical cancer-free Karnataka.

Team also includes many doctors from the community who volunteer to help on need basis and participate in the awareness and screening camps.

## **Objectives:**

- To conduct cervical cancer awareness programs for both rural and urban women.
- To initiate population based screening programs to women of 35-60yrs of age in rural and urban Karnataka.
- To use PAP test as screening tool and aid in effective treatment
- To generate and collate information on incidence of cervical cancer in Karnataka

## **Trustee List:**

- Dr. Sundari, Professor, OBGYN, MS Ramaiah Hospital, President
- Dr. Radhika Bobba, Trustee
- Ms. Swarupa Kakumanu, Secretary
- Mr. H. L. Gundu Rao, Trustee
- 

## **Volunteering Doctors:**

Dr. Shubha Ramarao, HOD, Martha's Hospital  
Dr. Padmalatha, Baptist Hospital  
Dr. Rashmi, Columbia Asia Hospital  
Dr. Shaibya Saldanha, Acura Hospital

Dr. Padmakshi Puli, J J Hospital  
Dr. Tripthi Kulkarni  
Dr. Jayanthi Rajanna  
Dr. Ashwini, MS Ramaiah

### **Salaried Staff at Muddenahalli:**

Mrs. Kavitha – Local Coordinator  
Mr. Rajanna – MSW worker

Consultant – Mrs. C. Kameswari

### **Status as on Jan, 2015:**

We have been running awareness and screening programs in urban areas covering urban women community, Corporates and Govt School Teachers. The intention is to identify the women in the precancerous state and aid in treatment.



Specifically, we have taken up a rural pilot screening program in Muddenahalli (Chikkaballapur Taluk) PHC to cover all 56 villages. The model we have adopted is to group all the villages under few sub-centers and conduct screening programs three/four times a month. We have hired a local coordinator to reach out to each door in the village to spread the awareness. The place is approx 85 kms from Bangalore and the entire team with the screening equipment travels to the venue for every camp.

The smears/slides collected are identified to the individual with proper coding. The pap smears are read by pathologists at Bangalore. Where intervention is required, the women are treated



Regd. Office: 196, Classic Orchards,  
Bannerghatta Road, Bangalore 560 076.  
Phone: +91 810 567 5725

appropriately. The cost of treatment is subsidized by M.S. Ramaiah Hospital (Dr. Sundari, President of Mahati Trust works at M.S. Ramaiah Hospital).

We have successfully completed all 56 villages and screened 2935 women and conducted around 2000 pap smears as part of this screening. The coverage is maintained at 75 – 80% of the eligible women population in every village.

To continue our screening programs, we have identified **Nandi PHC in Chikkaballapur** district itself and started population based screening from May 2014 plan is to cover the 46 villages in this PHC. We have completed 29 villages as of January 2015 and collected 1436 pap smears.

We are also awarded a project from District Health Department of Chikkaballapur to screen all the 5000 health workers of Chikkaballapur district. The project started from June 2014 and duration is one year. The work is progressing well.

We are evaluated and recognized by department of Ecology, Forest and Environment, Govt of Karnataka and on their recommendation, received a CSR contribution from BSCPL Infrastructure Ltd., to conduct 1500 pap smears in next six months. This program has been initiated.

The overall data of our activities is presented below. We, at Mahati trust maintain the complete data base of the villages covered, women screened and number of positive cases. This helps us to plan appropriate intervention. The statistics also help us build a more predictable delivery model and to plan better the costs of intervention.

Here is our total involvement to date.

Total # of camps	129
Total # of Beneficiaries	9669
Total smears	4532

Out of the 56 cases from Nandi PHC and Health workers program, the following cases were treated at M S Ramaiah Hospital, Bangalore

- 45 were Pre- cancerous
- 11 Cancerous



# MAHATI TRUST

*Mahileyara Unnati*

Regd. Office: 196, Classic Orchards,  
Bannerghatta Road, Bangalore 560 076.  
Phone: +91 810 567 5725  
Email: [swarupa@mahatitrust.org](mailto:swarupa@mahatitrust.org)  
[www.mahatitrust.org](http://www.mahatitrust.org)





## Highlights:

1. Induction of volunteer doctors into the group
2. 12A exemption and 80G approval complete. FCNR process is in progress
3. MOU with MS Ramaiah, Narayana Hrudayalaya, Anand Diagnostics labs and Kidwai Institute to work together on this initiative.
4. Completed awareness talks for North Zone 2 cluster 1 and cluster 2 Govt school teachers (approx 750). Need to continue with other zones.
5. Conducted overall **129** camps and covered **9669** women in these camps. Screened **5481** women and total of **4532** smears taken. Found **56** positive cases and treatment to some of the women in progress.
6. Pilot project (Muddenahalli Screening Programs) in complete. **6 sub-centers/56 villages completed.**
7. Started Nandi PHC screening programs and covered 29 villages and conducted 1436 papsmears as of January 2015.
8. Awarded a project from District Health Department of Chikkaballapur to screen all the 5000 health workers of Chikkaballapur district. The project started from June 2014 and duration is one year.



- We are evaluated and recognized by department of Ecology, Forest and Environment, Govt of Karnataka and on their recommendation, received a CSR contribution from BSCPL Infrastructure Ltd., to conduct 1500 pap smears in next six months. This program has been initiated.

## Future Plans:

- Continue Nandi PHC screening.
- Continue DHO programs and cover all Taluks as per the data provided by DHO office.
- Continue the awareness talks in urban areas. Start screening programs in Bangalore ward by ward.
- Take up Media coverage and complete the awareness creation film in Kannada.
- Initiate dialogue with radio and TV channels.
- Start awareness/screening programs for Corporates
- Strengthen the programs of Govt School teachers
- Start screening programs in Urban areas (Bangalore)

## Our current challenges:

Area	Description of Challenge	Our approach to overcome challenge	Where do we need help
Awareness	Women are not willing to get screened	Create a video/film in local language educating women. In progress.	Video delivery mechanisms
	Women refuse to seek treatment	Video explaining that the condition is entirely treatable and detailing out the consequences if the condition is not treated.	Biggest challenge as of now. Intend to reach out to the families, village authorities and strengthen awareness.
Organization	Scalability as the organization consists mostly of volunteers	While volunteers will continue to play a big role in our reach, Mahati intends to attract appropriate grants to build solid delivery mechanisms	Contribute to help Mahati build a sustainable delivery model; or help raise grants with the Government or International agencies
	Grow the volunteer/contributor base of Mahati	Help reach the Mahati message to a larger audience; Help deliver Mahati services to other districts/states	Help build an online presence for Mahati – A more interactive website, Facebook, Twitter, presence



Regd. Office: 196, Classic Orchards,  
Bannerghatta Road, Bangalore 560 076.  
Phone: +91 810 567 5725  
Email: [swarupa@mahatitrust.org](mailto:swarupa@mahatitrust.org)  
[www.mahatitrust.org](http://www.mahatitrust.org)